



UNIVERSITY OF CRETE

Department of Psychology

School of Social Sciences

Study Guide





Organization of Department

Establishment:

The Department of Psychology was established in 1984 and began its academic function during the fall semester of 1987-88 in Rethymno, Crete.

Department Head: Evangelos C. Karademas

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Deputy Department Head: Konstantinos Kafetsios

Associate Professor, Social and Organizational Psychology.

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- Departmental General Assembly: Comprised of all Teaching & Research Staff members, one undergraduate and one post-graduate student representative.

- Departmental Registrar: Natalia Chronopoulou,
Tel. +28310-77577 psychology_registry@uoc.gr

- Departmental Committees: Undergraduate Program, Graduate Program, Scientific Annals "Eleftherna", Library, Research Ethics, Internship, Finance, Infrastructure, Course Recognition, Placement Examination and Quality Assurance

Departmental Structure and Function

Three Laboratories are incorporated within the Department of Psychology: The Applied Psychology Laboratory, The Laboratory of Neurosciences and Behavior, and The Experimental Psychology Laboratory, whose main objective is to produce and promote scientific knowledge to its students, both, undergraduate and post-graduate, and to others through the organization of seminars, symposiums, conferences, etc.

Teaching & Research Staff Members and Honorary Professors

Please see: <http://www.psychology.uoc.gr/personal/dep/members-dep.html>

List of Faculty Members

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Participation in the ERASMUS Program

The Department of Psychology actively participates in the Erasmus Program of the University of Crete with annual faculty, student and administrative staff exchanges with the following Universities:

France	Universiti Paris 13-Paris Nord (Subject area: Psychology & Behavioural Science) Universiti Paul Valiry-Montpellier III (Subject area: Psychology & Behavioural Science) Universiti Lumi�re Lyon 2 (Subject area: Psychology) Universiti Victor Segalen-Bordeaux 2 (Subject area: Psychology & Behavioural Science) Universiti de Provence-Aix-Marseille I (Subject area: Psychology) Universiti de Picardie Jules Verne (Subject area: Psychology)
Germany	Humboldt-Universitat zu Berlin (Subject area: Psychology) Freie Universit�t Berlin (Subject area: Psychology), Technische Universit�t Chemnitz (Subject area: Psychology)
Italy	Univestita degli Studi di Padova (Subject area: Psychology), Universit� degli Studi di Cassino (Subject area: Psychology)
Spain	Universidad Complutense de Madrid (Subject area: Psychology and Behavioural Science) Universidad Aut�noma de Madrid (Subject area: Psychology), Universidad de Salamanca (Subject area: Psychology)
Cyprus	University of Cyprus (Subject area: Psychology)
Poland	Akademia Pedagogiczna w Krakowie (Subject area: Psychology), Krakowska Academia (Subject area: Psychology)
Portugal	ISCTE-IUL Instituto Universitario de Lisboa, Universidade de Coimbra
Turkey	Istanbul Sabahattin Zaim University (Subject area: Psychology)



Admission to Department

In accordance with the regulations of the Ministry of Education and Religious Affairs, various categories of students are admitted to the Department of Psychology, the majority, those who have passed the Pan-Hellenic Examinations. Other categories are: foreign students, Greeks of the Diaspora, students with special needs, and students with special placement entrance examinations. For more details see <http://www.minedu.gov.gr/eksetaseis-main.html>



Special Placement Entrance Examination Procedure

Those, who already possess a university degree, and wish to enroll for a degree at the Department of Psychology, can do so by taking a special placement examination in three courses. For each course there are two examiners and one re-examiner under the oversight of the Placement Examination Committee, made up of seven faculty members. This examination is usually administered in December.

Course Transfer & Credit Recognition

Special placement entrance examination students may request course and credit recognition from the Course Recognition Committee ONCE, upon their admission to the Department of Psychology. Application requests must be made October 1st – 20th or March 1st – 20th. The three courses examined for admission are automatically recognized and incorporated into the applicants' academic course transcript. The total number of courses that could gain recognition, cannot exceed 20% (including the three examined courses) of the courses offered by the Department.

The right to request course recognition is also granted to 10% of Pan Hellenic exams students, transfer and ERASMUS students.

For more information see: <http://www.psychology.uoc.gr/studies/undergraduate-studies/undergraduate.html>

Department's Objectives

The Department's mission is to:

- Cultivate and promote Psychology through academic teaching and applied research. This is insured through the various courses students take, where they are encouraged to undertake assignments involving various aspects of academic knowledge, with emphasis to research and methodology, especially in the 3rd and 4th year of studies, within the parameters of Psychology Research Ethics. Research is stretched to a wide spectrum of thematics, with multiple theoretical and methodological approaches.
- Provide students with the necessary academic and research tools, ensuring theoretical and practical knowledge, proficiency in research, as well as practical training. Thus, enabling them to participate in the development of psychological knowledge, for a successful career in the private, public or the academic sector.
- Enhance students' profile via programs such as the Internship (required for all), as well as the Erasmus Program.



Undergraduate Program of Studies - Rules and Regulations

A brief presentation of the program of studies



Each student can choose fourteen (14). The total ECTS earned are 56; (14X4 ECTS units).

Foreign Language: (12 or 16 ECTS)

The Department of Psychology offers English for Psychologists. Five courses are offered in total within two levels:

- Level I: English as a Foreign Language (EFL), two (2) courses

1. Introduction to Social Sciences and Psychology, (4 ECTS)

2. Trends and Psychological Characteristics of Greek Society, (4 ECTS)

- Level II: English for Specific Purpose (ESP), three (3) courses

1. Introduction to Developmental Psychology and Terminology, (4 ECTS)

2. Introduction to Clinical Psychology and Terminology, (4 ECTS)

3. Introduction to Neurosciences: Neurobiology and Terminology, (4 ECTS)

Upon admission to the Department, students are obliged to take a Departmental EFL/ESP Placement Test to determine individual level of English and placed in an appropriate level and course. The required courses are four (4), unless placement test results lead to an exemption from one EFL course in level I. Those exempt, take the three ESP course, but are obliged to take another course of equal ECTS, in order to be eligible for graduation.

Undergraduate Thesis (12 ECTS)

The undergraduate thesis is in the 4th year of studies, and could be either bibliographical or research oriented.

Internship (12 ECTS)

Internship is in the 4th year of studies completed in any professional institution or area where psychology is applied. Upon the completion of the internship, each student submits the supervisor's report to the Internship Committee, which evaluates it and grants a "pass" or "fail" grade.

Indicative List of Courses



Type of courses	ECTS credits per course	Total ECTS per course category
Required courses	5	110
Elective courses	4	56
Seminars	6	18
Laboratories	6	18
Foreign Language	4	16
Undergraduate Thesis	12	12
Internship	12	12
Total ECTS		242

Course duration:

The academic year consists of two semesters, thirteen weeks each. Every course is offered once a week in three hour sessions

Types of Course:

Required courses (5 ECTS each), Elective courses (4 ECTS each), and Foreign Language courses (4 ECTS each).

Course Categories:

Lectures, Seminars (6 ECTS each), Laboratories (6 ECTS each), Undergraduate Thesis (12 ECTS), and Internship (12 ECTS) and Foreign Language (12 or 16 ECTS).

Groups of Required Elective courses and Optional Elective courses

The program of studies is divided into seven categories/majors (Foundation courses, Statistics-Methodology, Developmental-School Psychology, Biopsychology-Neurosciences, Social psychology, Clinical-Counseling psychology, and Health psychology).

The required courses are twenty two (22). The total ECTS earned are 110; (22X5 ECTS units).

The compulsory elective courses are six (6). Within these courses three (3) are seminars and three (3) are laboratories. The total ECTS earned are 36; (6X6 ECTS units).

The optional elective courses are thirty six (36).

Incoming Erasmus Students

Reading courses are offered to Erasmus students visiting our Department.

ECTS and Erasmus Program

Our Department participates in the Erasmus Program, giving our students the opportunity to study in different European Universities with which our Department has signed a bilateral agreement. With the approval of the designated faculty member and department head, students can take courses, and also do their internship abroad.

Examination periods

For the fall semester: January-February (2-3 weeks)

For the spring semester: June (2-3 weeks)

For both the fall and spring semesters: September (3 weeks)

Examinations

The examination format is determined and announced by each faculty member at the beginning of each semester. Such details often uploaded in the Department's Announcement site. During each exam students are obliged to have with them their University Identification Card.

Reassessment

Students have the right to reassess four (4) courses once during their studies. The course content is that of the semester reassessment is requested, and the second grade is recorded.

Grading System

The grade for each course is expressed in a number from one (1) to ten (10). The passing grade is five (5). The grade point average (GPA) of a degree is the average of all courses taken and passed for the completion of studies (see Table with Indicative List of Courses). If the GPA is 8.50 or above, the degree is awarded "Excellent"; if the GPA is 6.50 to 8.49, the degree is awarded "Very Good"; and if the GPA is 5 to 6.49, the degree is awarded "Good". The same grading scale is applied to courses.

Course allocation/Example of Program of Studies (reference to prerequisites, if any)

Please see: <http://www.psychology.uoc.gr/studies/undergraduate-studies>

Required Courses: 22 (5 ECTS each, & Foreign Language Courses 4 ECTS each)

History of Psychology:

Subject Analysis and research methods of Psychology Historiography. Examination of developmental stages of Psychology. Presentation of the more important trends of modern Psychology.

Personality and individual differences:

introduction to personality basic conceptualization and theories of personality science.

Cognitive Psychology I:

Learning, language, thought: examination of basic theories of learning, language and thought. Presentation of inquiry tools, with emphasis on the experimental method.

Cognitive Psychology II:

Memory-categorisation: examination of memory activities. Presentation of categorisation basic

theories, and connection of categorisation with the organisation of information in memory.

Ethics in Psychology:

Presentation of moral principles of the science of psychology. Subjects that concern the social frame of research and the collection of data. Legal and moral questions in the conduct of psychotherapy, counselling or psychological evaluation.

Social Sciences Methodology and Scientific Research:

introduction to the basic methodology concepts (Variables and Statistical Indicators, Scales of Measurement), presentation of inquiry data collection methods (Scales and Psychometric Tools) and basic inquiry approaches.

Statistics I:

introduction to statistical processes, used in the social research, in general, and more specifically in psychology. Emphasis in 4 basic concepts: Collec-





tion, Organisation, Presentation and Explanation of data.

Psychometrics I:

Basic introduction in Measurement and the construction of Psychological Tools: introduction to the basic psychometrics principles (reliability, validity). Test results interpretation. Emphasis in the psychometric tools construction.

Developmental Psychology I:

Prenatal development to mid - childhood: presentation of subjects that concern the prenatal development and birth (e.g. stages of prenatal development). Infancy (e.g. perception-motor development, language and thought, social growth).

Educational Psychology:

presentation of the basic theoretical concepts of Educational Psychology and their inquiry and practical applications. The multidimensional role of educational psychologist, the planning and the application of psycho - educational support programs.

Developmental Psychology II:

Puberty to adult life: presentation of human developmental process (biological, cognitive, and social). For the stages of mid childhood and adolescence, introduction to the adult life and third age stages.

School Psychology I:

Introduction to the School Psychology: presentation of the role, competences, and duties of school psychologist.

Introduction in Neurobiology - Genetics:

introduction to the basic biological concepts and functions of human organism, with emphasis in subjects that concern the evolution, development

and the growth of the human nervous system. Examination of the role of genetic factors in the nervous system and behavior.

Physiology of Behavior I:

Basic concepts and sensory system: introduction to topics that concern the biological bases of behavior (eg, neuron, membrane dynamics, of sensory mechanisms, sight, hearing, balance, taste and smell, somataisthiseis and pain).

Physiology of Behavior II:

Kinetic and Regulating Systems: Introduction to subjects pertaining to the biological bases of behaviour. Emphasis is given to the ways the nervous and endocrine system influence behavior and the consequences of dysfunction.

Neuropsychology:

examination of dexterities and behaviors that consist of {memory, expression and language comprehension, thought and executive ability, spatial and optikokinetic co-ordination}.

Social Psychology I:

Introduction to Social Psychology. Introduction to basic approaches and discussions of social psychology. Attitudes, stereotypical and bias, social influence (conformity and obedience), intergroup behavior.

Social Psychology II:

Social-experimental psychology: Presentation of the basic concepts and Social Psychology theories, that concern, mainly, the individual and the construction of social reality, as a result of interactions in, at least, two levels of analysis. Emphasis in experimental research methods.

Counselling Psychology:

introduction to the basics and theoretical ap-

proaches of Counselling Psychology. Emphasis on issues of application, as well as the importance of the counselling relationship, the personal traits, and stages of the counselling process.

Children and Adolescence Psychopathology: introduction to subjects of diagnosis, evaluation and comprehension of children's and adolescents' behavior and mentality. Presentation of case studies on psychopathology, and prevention of childhood and adolescent problems.

Adult Psychopathology: introduction to adult psychopathology (definition, criteria, explanation of deviating behavior, clinical interview), and presentation of basic disturbances (e.g. anxiety disorders, emotional disorders and psychotic disorders).

Health Psychology: Introduction to the field of Health Psychology. The specific aim of this course is to help students comprehend the meaning of health and illness, the interplay factors of psychosocial parameters; theory and application of health promotion programs at the individual and community level; the impact of chronic illness and the adaptation to illness processes, as well as the role of health psychologists in facilitating patients' adaptation to illness.

Foreign Language:
Level I: English as a Foreign Language (EFL)
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2. Introduction to Clinical Psychology and Terminology
3. Introduction to Neurosciences: Neurobiology and Terminology

Elective courses: 32 (5 ECTS each)



Clinical Neuropsychology
Clinical Neuropsychology of Neuropsychiatric Disorders
Parental Counselling
Bullying and Victimization at School
Epistemology of Psychology
Introduction to Philosophy
Psychology of Arts and Creativity
Criminology
Issues in Family Violence: Child Abuse and Neglect
Criminological Psychology
Special Issues in Criminological Psychology
Health Psychology: Clinical Applications
Comparative Psychology
Psychology of Emotions
Occupational Psychology
Social Psychology of Interpersonal Relationships
Social Psychology III : Applied Social Psychology
Cross-cultural Psychology
Neuropsychopharmacology
School Psychology II: Development and Disorders of Written Language Skills
Visual Perception and Attention
Writing Academic Papers
Biopsychology of Mental Disorders
Psychopharmacology of Addiction & Addictive Drugs
Psychoanalytic Thought: Personality Disorders
Systemic Theories and the Family
Psychoanalytic Thought
Statistics II
Psychometrics II: Psychometric Principles for Developing Psychological Measures
Psychosomatic and Somatomorphic Disorders
Clinical Psychological Intervention in Childhood and Adolescence with Fatal and Chronic Disease
Advanced Academic English



Laboratories: 15 (6 ECTS each)



Adult Clinical Neuropsychological Assessment: Executive Function and Attention
Counselling Psychology Skills
Social Psychological Perspectives on Emotion
Cognitive-Behavioral Interventions
Assessment of Executive Functions, Concentration and Attention of Children
Schizophrenia: Positive and Negative Symptoms
Introduction to the Clinical Assessment of Learning Disabilities and Emotional Disorders
Laboratory Exercises on Memory and Perception
Laboratory Exercises on Language
Basic Techniques and Methods in the Study of Brain and Behavior
Community Psychology Laboratory: Research and Praxis
Development and Evaluation of the Psychometric Properties of a Psychological Measure
Statistics utilizing SPSS
Projective Techniques: The Inkblots Test Rorschach - Analysis of Clinical Cases.

Seminars: 19 (6 ECTS each)

Clinical Neuropsychology of Schizophrenia and Bipolar Disorder
Couple Counselling
The Therapeutic Relationship in Counselling Psychology
Cultural-Historical Psychology
History and Systems of Psychology
Issues in Correctional Psychology
Interviewing Techniques in Child Abuse Cases
Stress: Neuro-endocrine-immune interactions
Psychology of Middle and Third Age
Postnatal Depression: Implications on Infant and Children Development
Special Issues of Developmental Psychopathology of Infants and Children
Social and Emotional Development of Infants and Children
The Role of Visual Illusions in Perception
Cognitive Experimental Psychology
Biopsychology of Motivation and Emotions
Psychopharmacology of Addiction
Clinical Neuroscience
Personality Measurement: Basic Principles and Applications
Pain (Physical- Mental): Psychoanalytic Approach



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